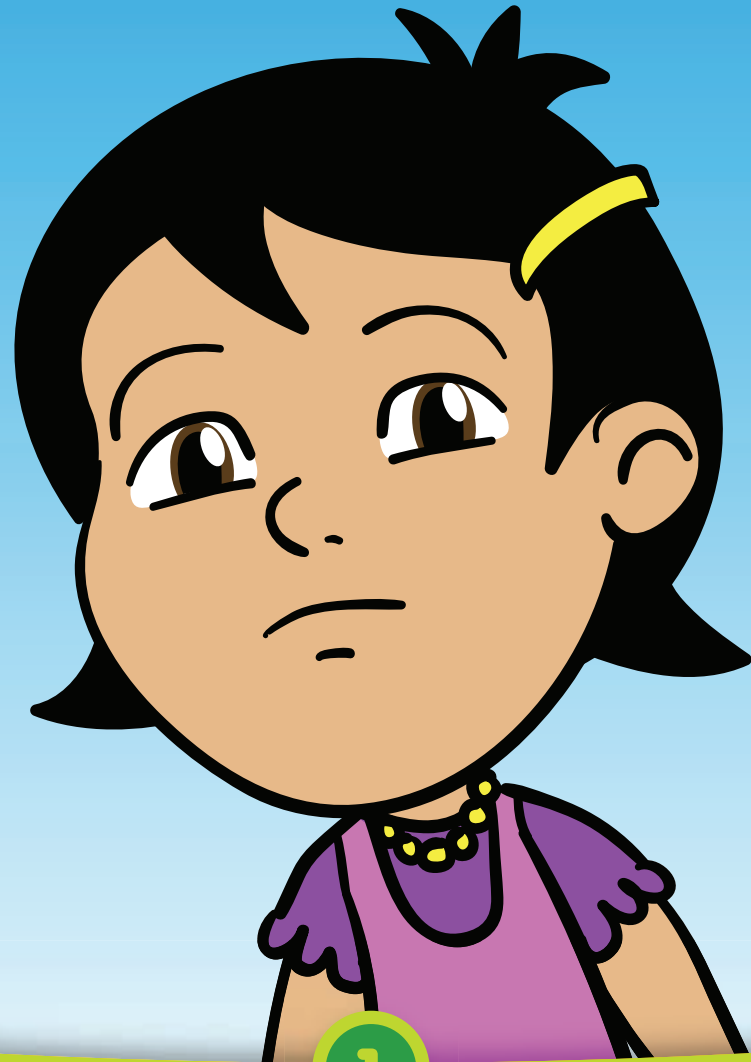




START

**Suki's got a cold!**



**BACK**



**NEXT**

**This is Suki Sneeze.**



**I don't feel well.**



**BACK**

**2**



**NEXT**

**Poor Suki – she doesn't look well.**



**BACK**

**3**



**NEXT**

**Suki has a runny nose and she is coughing and sneezing. She has a cold.**

a-choo!



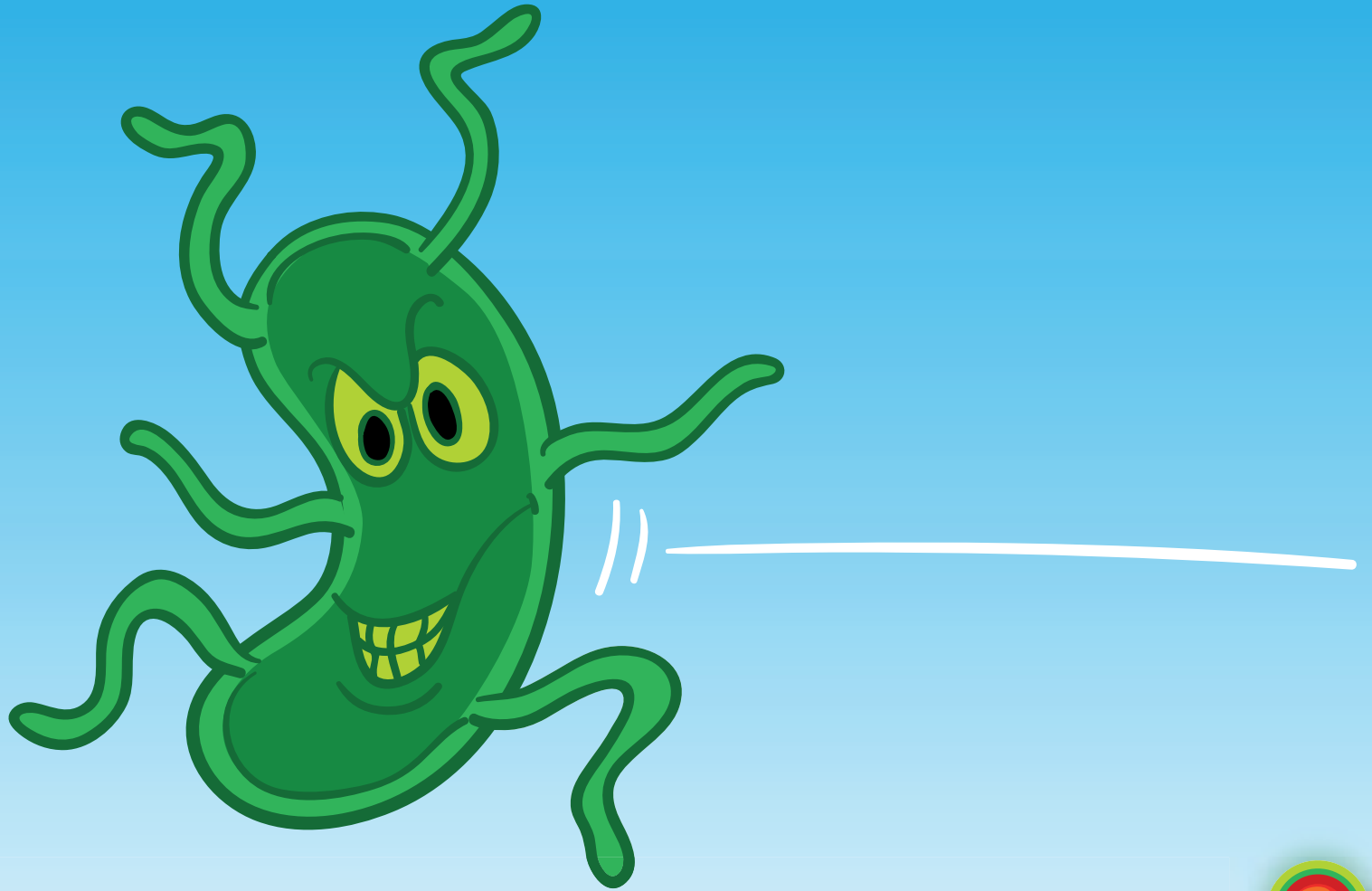
BACK

4



NEXT

**But how did Suki catch a cold?**



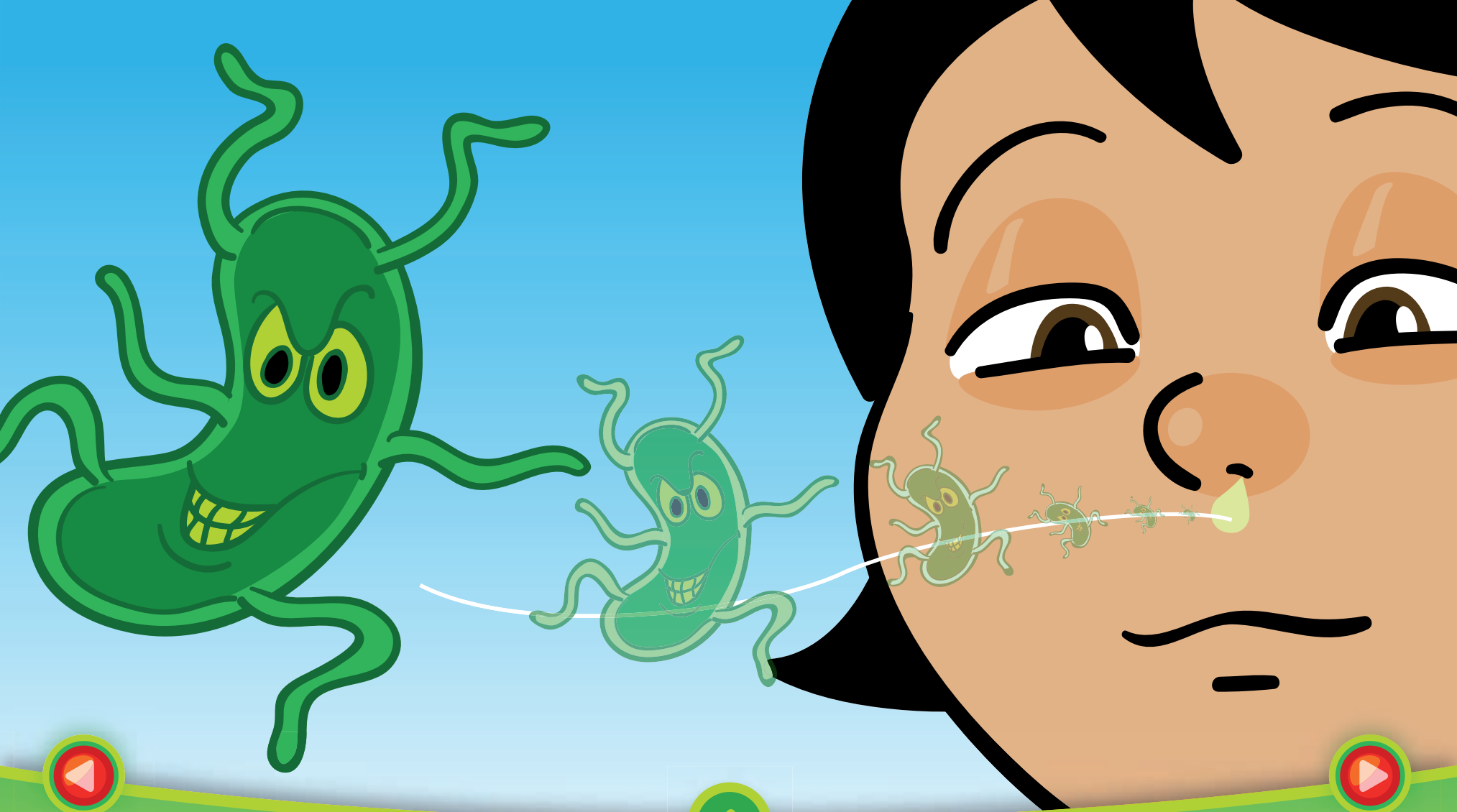
**BACK**

**5**



**NEXT**

**It's all because of this nasty little character.  
This is a germ.**



**BACK**



**NEXT**

**Germs are living things  
but they are very, very, very small.**

**Microscopes  
make things  
look bigger.**



**BACK**

**7**



**NEXT**

**They can only be seen with a microscope.**



**There are  
millions  
of us!**

**BACK**

**8**

**NEXT**

**Nathan can see the germs.**



**BACK**

**9**

**NEXT**

**So, how do these tiny germs give us a cold?**



**Germs can live in the air,  
on the floor and on objects.**



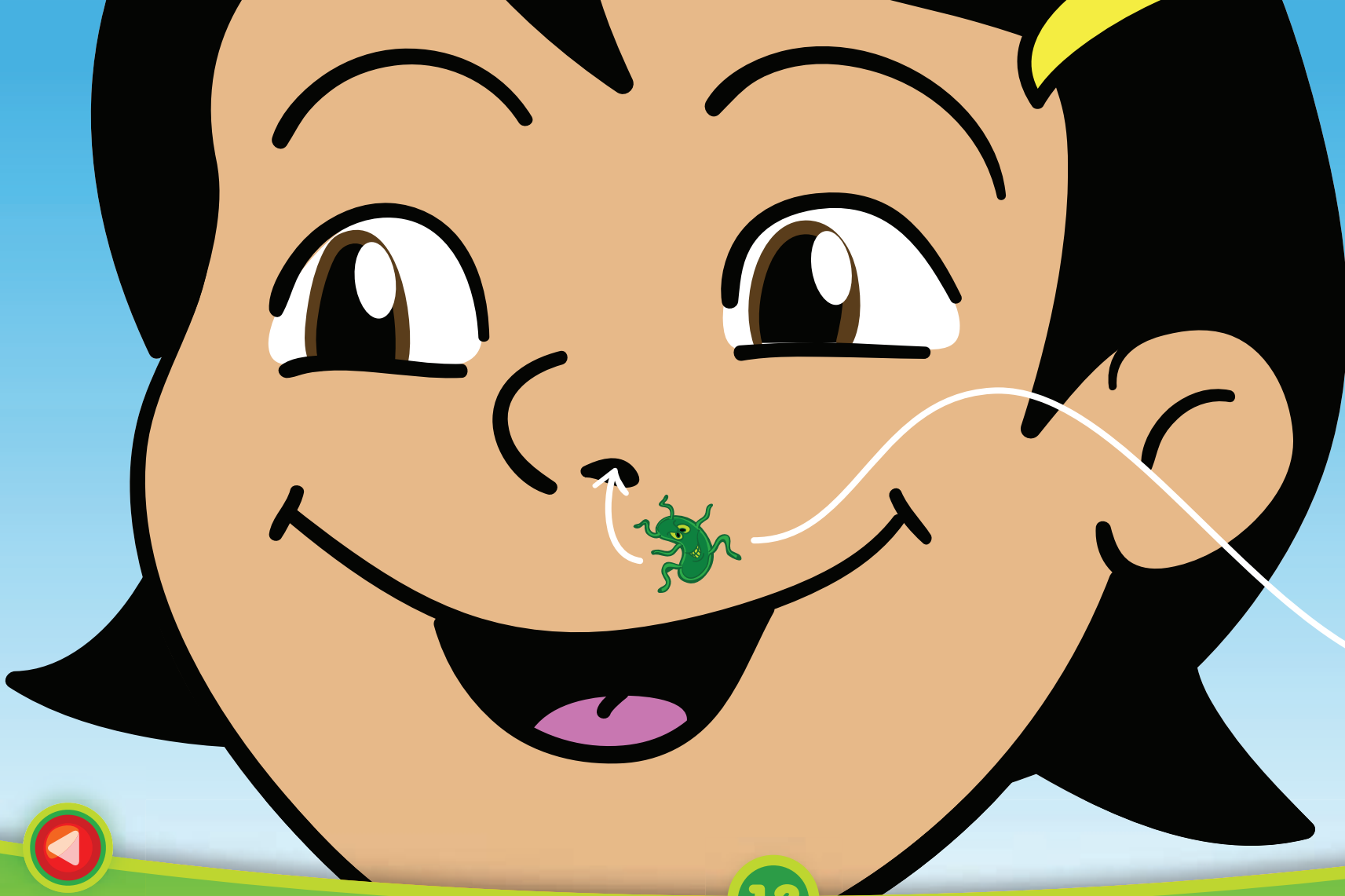
**BACK**

**11**



**NEXT**

**Just touching germs doesn't do any harm  
but they can make us feel ill if they get  
inside our bodies.**



**BACK**

**12**



**NEXT**

**Germs can get into our bodies in lots of ways.  
We can breathe them in without noticing.**



**BACK**

**13**



**NEXT**

**If you put things in your mouth, like dirty fingers,  
they can get in that way too.**



**Use a tissue!**



**BACK**

**14**



**NEXT**

**If you have a cold, you can help stop it spreading by using a tissue.**



**BACK**

15

**Using a tissue to blow your nose and cover your mouth when you cough and sneeze helps stop germs spreading.**